

One-Day Workshop

## Coherence Therapy & Memory Reconsolidation—An Introduction

- Saturday, April 18<sup>th</sup>, 2015
- The Coventry Hill Hotel, Coventry, Allesley, UK

This workshop will introduce the neuroscience research on memory reconsolidation—the only known process for erasing a specific implicit learning—and then explore its clinical application through the practice of Coherence Therapy. The integration of various other modes of therapeutic practice into this framework will also be emphasized.

Presenter Paul Sibson is a UKCP registered psychotherapist and BACP accredited counsellor. He is a contributing author to the book *Unlocking the Emotional Brain* published by Routledge in 2012, and an Associate Instructor for the Coherence Psychology Institute.

This workshop will be hosted by Jonathan Manning, administrator, for the International Association for Evidence Based Psychotherapy.

[www.evidencebasedpsychotherapy.com](http://www.evidencebasedpsychotherapy.com)

For further information please email: [paul@embodimind.co.uk](mailto:paul@embodimind.co.uk)