

Coherence Therapy

‘UTILIZING THE BRAIN’S PROCESS OF MEMORY RECONSOLIDATION FOR DISSOLVING SYMPTOM-GENERATING IMPLICIT CONSTRUCTS’

Three days of exciting new workshops in Central London

Friday November 21st, Saturday November 22nd and Sunday 23rd 2014

Join workshop presenters **Robin Ticic** and **Tor Wennerberg** to learn more about the ground breaking principles underpinning **Coherence Therapy** (www.CoherenceTherapy.org).

Introductory Workshop (November 21st, 2014)

In the one day Introductory Workshop you will come to understand how **Coherence Therapy** dispels a wide range of problems and symptoms by dissolving their emotional roots. This involves using a guided process for accurately finding the specific emotional implicit constructs and schemas maintaining a symptom followed by a guided process of transformational change that nullifies those schemas, releasing their powerful grip and ending symptom production.

This process of transformational change is corroborated by neuroscience research findings on memory reconsolidation which is currently the only known process for erasing a specific implicit learning.

In this Introductory Workshop participants will learn the steps of methodology of **Coherence Therapy and the Therapeutic Reconsolidation Process**.

Intermediate Workshops (November 22nd and 23rd 2014)

These are intensive skills-building workshops during which participants will have the opportunity to do their own real sessions in small groups and develop their skills in the use of **Coherence Therapy**. Participants will be coached by Robin and Tor, offering live, in the moment feedback.

In order to attend either of the **Intermediate Workshops**, participants need to attend the Introductory Workshop on Friday 21st November 2014, (or have attended it in July). Familiarity with and experience of using **Coherence Therapy** with clients and familiarity with the ‘Coherence Therapy Practice Manual’ or ‘Unlocking the Emotional Brain’ or ‘Depth Oriented Brief Therapy’ are highly recommended.

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About The Presenters



Robin Ticic is Director of Training and Development of the Coherence Psychology Institute and co-author of 'Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation'. She is in private practice near Cologne, Germany, specializing in clinical supervision and training of therapists. She has served as a psychologist for the Psychotraumatology Institute of the University of Cologne, and is author of the parenting guide 'How to Connect with Your Child' published in English and German.



Tor Wennerberg is a licenced clinical psychologist in Stockholm, Sweden and Certified Trainer of the Coherence Psychology Institute. He is the author of two books on attachment theory and differentiation theory, published in 2010 and 2013 respectively. Both are widely used in psychotherapy trainings throughout Sweden. A chapter in his most recent book introduced **Coherence Therapy** for a Swedish professional audience. He is also a regular contributor to the Journal of the Swedish Psychological Association.

DATES: Introductory Workshop - Friday 21st November 2014 (9am-5pm) places available
Intermediate Workshop - Saturday 22nd November 2014 (9am-5pm) fully booked
Intermediate Workshop - Sunday 23rd November 2014 (9am-5pm) places available

COST: £150 per day or £290 for any two days
Please note you need to attend an Introductory Workshop before attending an Intermediate Workshop

VENUE: The Guild of Psychotherapists, 47 Nelson Square, London SE1 0Q

BOOKING: Please complete the attached booking form and return it by email to Maggie Cusworth at maggie@crisalida.co.uk