

# Coherence Therapy

## ‘UTILIZING THE BRAIN’S PROCESS OF MEMORY RECONSOLIDATION FOR DISSOLVING SYMPTOM-GENERATING IMPLICIT CONSTRUCTS’

### TWO EXCITING WORKSHOPS IN CENTRAL LONDON

#### Friday May 8th and Saturday-Sunday May 9th-10th 2015

Join workshop presenters **Robin Ticic** and **Tor Wennerberg** on May 8<sup>th</sup> (one day) and/or May 9<sup>th</sup> and 10<sup>th</sup> (two days) where you will learn more about the ground breaking principles underpinning **Coherence Therapy** ([www.CoherenceTherapy.org](http://www.CoherenceTherapy.org)).

#### INTRODUCTORY WORKSHOP (May 8<sup>th</sup> 2015)

In the one day Introductory Workshop you will come to understand how **Coherence Therapy** dispels a wide range of problems and symptoms by dissolving their emotional roots. This involves using a guided process for accurately finding the specific emotional implicit constructs and schemas maintaining a symptom followed by a guided process of transformational change that nullifies those schemas, releasing their powerful grip and ending symptom production.

This process of transformational change is corroborated by neuroscience research findings on **Memory Reconsolidation** which is currently the only known process for erasing a specific implicit learning.

In this Introductory Workshop participants will learn the steps and methodology of **Coherence Therapy** and the **Therapeutic Reconsolidation Process**.

#### INTERMEDIATE WORKSHOP (May 9<sup>th</sup> and 10<sup>th</sup> 2015)

This is a two day intensive skills-building workshop during which participants will have opportunities to do their own real sessions in small groups and develop their skills in the use of **Coherence Therapy**. Participants will be coached by Robin and Tor, offering live, in the moment feedback, as they develop their competencies in working with **Coherence Therapy’s** phases of discovery, integration and transformation.

Participants at this workshop need to evidence they have already attended an Introductory workshop. Familiarity with and experience of using **Coherence Therapy** with clients and familiarity with the ‘Coherence Therapy Practice Manual’ or ‘Unlocking the Emotional Brain’ or ‘Depth-Oriented Brief Therapy’ are highly recommended.

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### About The Facilitators



**Robin Ticic** is Director of Training and Development of the Coherence Psychology Institute and co-author of 'Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation'. She is in private practice near Cologne, Germany, specializing in clinical supervision and training of therapists. She has served as a psychologist for the Psychotraumatology Institute of the University of Cologne, and is author of the parenting guide 'How to Connect with Your Child' published in English and German.



**Tor Wennerberg** is a licenced clinical psychologist in Stockholm, Sweden and Certified Trainer of the Coherence Psychology Institute. He is the author of two books on attachment theory and differentiation theory, published in 2010 and 2013 respectively. Both are widely used in psychotherapy trainings throughout Sweden. A chapter in his most recent book introduced **Coherence Therapy** for a Swedish professional audience. He is also a regular contributor to the Journal of the Swedish Psychological Association.

**DATES:**      **Introductory Workshop - May 8<sup>th</sup> 2015**                      **(9am-5pm)**  
                    **Intermediate Workshop - May 9<sup>th</sup> and 10<sup>th</sup> 2015**              **(9am-5pm)**

**COST:**              **May 8<sup>th</sup> £165.00**  
                            **May 9<sup>th</sup> and 10<sup>th</sup> £295.00**

**Please note you need to attend an Introductory Workshop before attending the Intermediate Workshop**

**VENUE:**              **The Guild of Psychotherapists, 47 Nelson Square, London SE1 0QA**

**BOOKING:**      **Please complete the attached booking form and return it by email to Maggie Cusworth at [maggie@crisalida.co.uk](mailto:maggie@crisalida.co.uk)**