

# Coherence Therapy

## 'Utilizing the Brain's Process for Dissolving Symptom-Generating Implicit Constructs'

Two exciting new workshops in Central London

Friday 11<sup>th</sup> and Saturday 12<sup>th</sup> July 2014

Join workshop presenters **Robin Ticic** and **Tor Wennerberg** for a one-day or two-day workshop where you will learn more about the ground breaking principles underpinning **Coherence Therapy** ([www.CoherenceTherapy.org](http://www.CoherenceTherapy.org)).

### Introductory Workshop (July 11<sup>th</sup>, 2014)

In the one day Introductory Workshop you will come to understand how **Coherence Therapy** dispels a wide range of problems and symptoms by dissolving their emotional roots. This involves using a guided process for accurately finding the specific emotional implicit constructs and schemas maintaining a symptom followed by a guided process of transformational change that nullifies those schemas, releasing their powerful grip and ending symptom production.

This process of transformational change is corroborated by neuroscience research findings on memory reconsolidation which is currently the only known process for erasing a specific implicit learning.

In this Introductory Workshop participants will learn the steps of methodology of **Coherence Therapy**

### Intermediate Workshop (July 12<sup>th</sup>, 2014)

This is an intensive skills-building workshop during which participants will have the opportunity to do their own real sessions in small groups and develop their skills in the use of **Coherence Therapy**. Participants will be coached by Robin and Tor, offering live, in the moment feedback.

In order to attend the Intermediate Workshop participants need to attend the Introductory Workshop on Friday 11<sup>th</sup> July 2014, **AND** to have familiarity with and experience of using **Coherence Therapy** with clients **AND** to have familiarity with the 'Coherence Therapy Practice Manual' or 'Unlocking the Emotional Brain' or 'Depth Oriented Brief Therapy'.

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### About the Facilitators



**Robin Ticic** is Director of Training and Development of the Coherence Psychology Institute and co-author of 'Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation'. She is in private practice near Cologne, Germany, specializing in clinical supervision and training of therapists. She has served as a psychologist for the Psychotraumatology Institute of the University of Cologne, and is author of the parenting guide 'How to Connect with Your Child' published in English and German.



**Tor Wennerberg** is a licenced clinical psychologist in Stockholm, Sweden. He is the author of two books on attachment theory and differentiation theory, published in 2010 and 2013 respectively. Both are widely used in psychotherapy trainings throughout Sweden. A chapter in his most recent book introduced **Coherence Therapy** for a Swedish professional audience. He is also a regular contributor to the Journal of the Swedish Psychological Association.

**DATES:**      Introductory Workshop - Friday 11<sup>th</sup> July, 2014      (9am-5pm)  
                    Intermediate Workshop - Saturday 12<sup>th</sup> July, 2014      (9am-5pm)

**COST:**            £140 per day or £270 for the two days  
                    Please note you need to attend the Introductory Workshop before  
                    attending the Intermediate Workshop

**VENUE:**        The Guild of Psychotherapists, 47 Nelson Square, London SE1 0QA

**BOOKING:**    Please complete the attached booking form and return it by email to  
                    Maggie Cusworth at [maggie@crisalida.co.uk](mailto:maggie@crisalida.co.uk)