

# CE WORKSHOPS 2009

117th APA Annual Convention  
Toronto, Ontario, Canada August 6-9, 2009



AMERICAN PSYCHOLOGICAL ASSOCIATION  
EDUCATION DIRECTORATE

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## **Clinical and Neuropsychological Processes of Profound Change in Coherence Therapy (Workshop Code: #155)**

**Sunday, August 9, 2009**

### ***Workshop Description***

The psychotherapeutic goal of profound change of a person's emotional conditioning is widely assumed to require long-term work. In this **INTRODUCTORY** workshop, participants will practice a clinical methodology—coherence therapy—that follows the brain's recently discovered rules for swiftly unwiring ingrained emotional responses. Videos and a live session will illustrate an experiential, empathic process that can make cessation of symptoms last. A brief account of the new neurobiology of implicit memory erasure is included.

*This workshop is designed to help you:*

1. Differentiate between coherence therapy and standard counteractive approaches to psychotherapy,
2. Identify experiential techniques for discovery of the unconscious emotional schemas driving chronic symptomology,
3. Describe the essential steps of transformational experiences that dissolve emotional schemas and associated symptomology, and
4. Define and clinically apply the neurological process that can “unwire” longstanding emotional learning and conditioned responses.

*Leaders:* Bruce Ecker, MA, Independent Practice, Oakland, CA  
Sara K. Bridges, PhD, The University of Memphis, Memphis, TN

**CE Credits: 4**

**Enrollment Limit: 50**

**Time: 8:00-11:50 am**

**Location: Westin Harbour Castle, Toronto  
(1 Harbour Square)**

Fee	Advance	Regular
Member	\$120	\$140
Nonmember	\$140	\$180

**ENROLL NOW** at [www.apa.org/ce](http://www.apa.org/ce) or call the CEP Office at **800-374-2721, ext. 5991.**

**Advance enrollment fee ends June 30, 2009. Regular enrollment fee begins July 1 through August 9, 2009.**

This workshop has been reviewed and approved by the APA Continuing Education Committee (CEC) to offer continuing education (CE) credit for psychologists. The APA CEC maintains responsibility for the content of the program. Full attendance at the workshop is required to receive CE credit. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credits.

