

## TIMETABLE FOR NOV 8–9, 2025 COHERENCE THERAPY INTERMEDIATE WORKSHOP

Times are USA Eastern  
Add 5 hours for London, 6 hours for Rome, 15 hours for Sydney

### Day 1: Saturday

9:45 – 10:00 am	Sign in
10:00 – 11:30	Welcome and learning goals for this workshop Demonstration session by trainer Discussion of demonstration Guidelines for practice sessions in small groups
11:30 – 11:45	Break
11:45 am – 1:00 pm	Small group experiential work with trainer coaching: session #1 Debriefing and discussion of learning
1:00 – 2:00	Meal break
2:00 – 3:00	Small group experiential work with trainer coaching: session #2 Debriefing and discussion of learning
3:00 – 3:15	Break
3:15 – 4:30	Small group experiential work with trainer coaching: session #3 Debriefing and discussion of learning

### Day 2: Sunday

9:45 – 10:00 am	Sign in
10:00 – 11:30	Questions and discussion from day 1 Demonstration session by trainer Discussion of how the session carried out Coherence Therapy
11:30 – 11:45	Break
11:45 am – 1:00 pm	Small group experiential work with trainer coaching: session #4 Debriefing and discussion of learning
1:00 – 2:00	Meal break
2:00 – 3:00	Small group experiential work with trainer coaching: session #5 Debriefing and discussion of learning
3:00 – 3:15	Break
3:15 – 4:30	Small group experiential work with trainer coaching: session #6 Debriefing and discussion of learning, and closure