

# PUBLISHED CASE STUDIES, INDEXED BY SYMPTOM, DEMONSTRATING THE THERAPEUTIC RECONSOLIDATION PROCESS, AS FACILITATED IN COHERENCE THERAPY, PROMPTLY PRODUCING TRANSFORMATIONAL CHANGE

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- Some publications are listed for more than one symptom.
- Coherence Therapy prior to 2005 was known as Depth Oriented Brief Therapy or DOBT.
- In the symptom column, terms in brackets indicate the discovered, underlying emotional themes where this is likely to be of special interest.
- "UEB" stands for *Unlocking the Emotional Brain: Memory Reconsolidation and the Psychotherapy of Transformational Change* (2<sup>nd</sup> Edition) by Bruce Ecker, Robin Ticic, and Laurel Hulley (2024, in press, Routledge). All other publications are indicated in the list of references below the symptom index.

Symptom	Publication	Chapter / Page Numbers
Agoraphobia with delusion	Ecker & Hulley, 1996	28–39
Alcoholism	Martignetti, 2024: UEB	Ch. 16
Anger/rage	Ecker, 2018	See citation (Section 7.1)
	Ecker, Ticic & Hulley, 2013a	See citation
	UEB	Ch. 5, Raoul
	Vaz & Ecker, 2020	See citation
	Neimeyer, 2009	91–95
	Ecker & Hulley, 1996	186–194
Anxiety	Ecker & Hulley, 2000b	63–89
	Ecker, 2003	See citation
	UEB	Ch. 3, Richard
Anxiety, social	UEB	Ch. 5, Regina
	UEB	Ch. 16, Cliff
	UEB	Ch. 20
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker, Ticic & Hulley, 2013b	See citation

Symptom	Publication	Chapter / Page Numbers
Attachment insecurity		
merging, obsession.....	UEB Ecker & Hulley, 1996	Ch. 4, Charlotte 167–170, 211–214
avoidance of intimacy.....	UEB	Ch. 5, Travis
obsession with following rules....	Lydon, 2024: UEB	Ch. 21
unable to leave parent’s home..	Sibson & Ticic, 2014	See citation
negative attention.....	Ecker & Hulley, 2008a	See citation
[terror of mother’s rage].....	Ecker & Hulley, 2008b	---
[parental rejection].....	Ecker & Hulley, 2008c	---
[had to be the perfect child]....	Ecker & Hulley, 2016	---
Borderline personality	Vaz & Ecker, 2020	See citation
Child’s emotional instability	Ciechowicz, 2024: UEB	Ch. 23
Child’s self-blame for parents’ divorce	Bussanich, 2024: UEB	Ch. 24
Child’s social aggression	Ecker & Hulley, 1996	221–230
Compulsive behavior		
eating, overweight.....	Ecker & Hulley, 2008a Geoghegan, 2024: UEB	See citation Ch. 17
lateness.....	Ecker & Hulley, 2016	---
Couple therapy		
always fighting again.....	Ecker & Hulley, 1996	22–24
[molest, complex trauma].....	Ecker & Hulley, 1996	240–256
chronic conflict.....	Ecker & Hulley, 1999a	32–41
sexual, weight problems.....	Ecker & Hulley, 1999b	See citation
power conflicts.....	Ecker & Hulley, 2000a	181–187
Depression		
with disability.....	Connor, 2024: UEB	Ch. 18
with workaholism.....	Ecker & Hulley, 1996	63–91
over daughter’s molestation.....	Ecker & Hulley, 1996	184–185
long-term "black cloud".....	Ecker & Hulley, 2002a Ecker & Bridges, 2020	See citation See citation
in complicated bereavement.....	Ecker & Hulley, 2008d	---
annually recurring.....	Ecker & Hulley, 2008c	---
of a middle-aged woman.....	Ecker 2015	26–27
Disruptive behavior of young teen	Noppe-Brandon, 2024b: UEB	Ch. 22
Family problems		
blended family problems.....	Neimeyer & Raskin, 2001 Neimeyer & Bridges, 2003	407–411 308–310
son’s social aggression, A.D.D. ...	Ecker & Hulley, 1996	221–230
Grief: complicated bereavement	Ecker & Hulley, 2008d Neimeyer et al., 2010	--- 80–82
Guilt		
of a father.....	Sibson, 2024: UEB	Ch. 15
of a step-mother.....	Neimeyer & Raskin, 2001	407–411
Hallucination and delusion	Connor, 2024: UEB	Ch. 18
Homophobic persecution	Noppe-Brandon, 2024a: UEB	Ch. 20

Symptom	Publication	Chapter / Page Numbers
Low self-worth	Ecker & Hulley, 1996	42–63, 116
	Ecker & Hulley, 2002a	See citation
	UEB	Ch. 3, Richard
	UEB	Ch. 5, Regina
	UEB	Ch. 20
Panic attacks	Ecker & Hulley, 2000b	63–89
	Ecker & Hulley, 2002b	See citation
	Ecker, 2003	See citation
	UEB	Ch. 21
Perfectionism	Vaz & Ecker, 2020	See citation
Phobia: fear of flying	Martignetti & Jordan, 2001	See citation
	Neimeyer & Bridges, 2003	308–310
Procrastination, inaction	Ecker, 2024: UEB	Ch. 19
	Ecker & Hulley, 2013	Graciela
	Ecker & Hulley, 2008b	---
Racist oppression	Ecker, 2024: UEB	Ch. 19
Self-harming impulses, suicidality	Vaz & Ecker, 2020	See citation
Sexual aversion	Neimeyer & Bridges, 2003	290–292
	UEB	Ch. 5, Carol
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker 2015	26–27
Shame	UEB	Ch. 5, Regina
	UEB	Ch. 15, John
	UEB	Ch. 18, Emma
Stage fright	UEB	Ch. 4, Brenda
Trauma, PTSD		
[manifesting as stage fright].....	UEB	Ch. 4, Brenda
[complex trauma].....	Ecker, 2018	See citation (Section 7.2)
	Ecker & Hulley, 2017	---
	UEB	Ch. 4, Ted
	UEB	Ch. 5, Regina
[childhood sexual molestation]	Ecker, 2018	See citation (Section 7.1)
	Ecker & Hulley, 1996	240–256
Underachieving/marginality	UEB	Ch. 4, Ted
	Ecker 2008	See citation
	Ecker & Hulley, 2008b	---
Wife's unmet desire to have baby	Ecker & Hulley, 1996	163–166, 175–176

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